Week One

W/C 31/8, 21/9, 12/10,2/11, 23/11, 14/12

Meat Free Monday

V Margarita **Pizza with Sweetcorn
V GF Baked Potato with *Cheese
VG GF Lentil & Vegetable Chilli with Rice
VG Fresh Fruit or Yoghurt

Tuesday

'Brunch Lunch' Pork Sausage, Roasted Tomato, Hash Brown & Beans
VG 'Vegan Brunch' Vegan Sausage, Roasted Tomato, Hash Brown & Beans
V GF Baked Potato with Baked Beans & Grated *Cheese
VG Yoghurt or Fresh Fruit

Wednesday

GF Roast Chicken, Roast Potatoes, Seasonal Vegetables & Gravy
VG Quorn Nuggets, Roast Potatoes & Seasonal Vegetables
V GF Baked Potato with Grated *Cheese
VG Fresh Fruit or Yoghurt

Thursday

Beef Bolognaise with **Pasta & Peas
VG Tomato Sauce with **Pasta & Peas
V GF Baked Potato with Grated *Cheese
V Greek Yoghurt with Black currents or Fresh Fruit

Friday

**Breaded Fish Fingers, Oven Chips & Peas
VG Vegetable Samosa, Oven Chips & Peas
V GF Baked Potato with Tuna Mayonnaise
V Yoghurt or Fresh Fruit

***Vegan Cheese is available upon request**

Everyday we provide a salad bar and wholemeal bread

Week Two

W/C 7/9, 28/9, 19/10, 9/11, 30/11

Meat Free Monday

VG Plain Pasta served with Tomato & Basil Sauce
V GF Potato & Vegetable Omelette with Sweetcorn
V GF Baked Potato with *Grated Cheese
VG Fresh Fruit or Yoghurt

Tuesday

GF Beef Burger with *Bun & Baked Beans
V Vegetable Burger with *Bun & Baked Beans
VG GF Baked Potato with Beans & *Cheese
VG Fresh Orange Wedges or Yoghurt

Wednesday

GF Roast Chicken, Roast Potatoes, Seasonal Vegetables & Gravy
V Baked Cheese Pasty, Roast Potatoes & Seasonal Vegetables
VG GF Baked Potato with Baked Beans
VG Fresh Fruit or Yoghurt

Thursday

Bacon & Tomato Pasta Bake with Peas
VG Pesto **Pasta & Peas
V GF Baked Potato with Grated *Cheese
V Strawberry Yoghurt with berries or Fresh Fruit

Friday

**Breaded White Fishcake Oven Chips, & Beans
VG Vegan Sausage Roll, Oven Chips & Beans
GF Baked Potato with Beans & *Cheese
V Yoghurt or Fresh Fruit

****Gluten Free item available upon request**

Week Three

W/C 14/9, 5/10, 26/10 (Half Term) 16/11, 7/12

Meat Free Monday

V Macaroni Cheese & Green Vegetables
VG Pesto Pasta & Green Vegetables
V GF Baked Potato with *Grated Cheese
VG Fresh Fruit or Yoghurt

Tuesday

GF Beef Meat Balls, Tomato Sauce Steamed Rice & Carrots
VG Vegan Meat Balls in Tomato Sauce with Rice & Carrots
V GF Baked Potato with Grated *Cheese
V Greek Yoghurt with Mango Chunks or Fresh Fruit

Wednesday

GF Roast Chicken, Roast Potatoes, Seasonal Vegetables & Gravy
VG Vegan Sausage Roll, Roast Potatoes & Seasonal Vegetables
V GF Baked Potato with Grated *Cheese
VG Fresh Fruit or Yoghurt

Thursday

**Pork Sausage, Mash Potato & Mixed Vegetables
VG Vegan Sausage, Mash Potatoes & Mixed Vegetables
V GF Baked Potato with Grated *Cheese
V Yoghurt or Fresh Fruit

Friday

**Breaded White Fish Fillet Oven Chips & Peas
VG Vegetable Samosa, Oven Chips & Peas
Baked Potato with Tuna Mayonnaise
V Yoghurt or Fresh Fruit

Everyday we provide a salad bar and wholemeal bread